

Community Engaged Leadership Program

Diversity Requirement Documentation Form –Academic Course

Name: Haley Anderson

Course #: 21567

Quarter Completed: Autumn 2015

Instructor Name: Nita McKinley

For a spring quarter course:** I certify that I anticipate earning at least a 1.7 in this course. I grant the professional staff within the Student Involvement Office to verify my grade to determine successful completion of this requirement. **Instructor must email CSLUWT@UW.EDU to verify your progression towards this goal if you plan to complete this requirement in your final quarter of the CEL Program.

***For all other quarters:** I certify that I earned at least a 1.7 in this course. I grant the professional staff within the Student Involvement Office to verify my grade to determine successful completion of this requirement.*

Electronic Signature (Please type name):

Haley Anderson

Please respond to the following questions.

Your responses for questions 1-3 should reach a combined total of at least 400 words.

- 1) Please describe two key lessons or topics that you found impactful in this course.
- 2) Reflect on your experience in this course. How did this course strengthen or challenge your understanding of the world around you?
- 3) What concepts or skills did you learn that you can apply to your community work?

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TPSYCH 320 Race, Class, and Gender Contexts of Child Development (5)

1) One lesson I found to be very impactful was learning about microaggressions and how something unintentional can stigmatize a person. An example of this is asking a question of "where are you from"? This could mean certain individuals are being singled out about because they do not look like they belong in that location or group, identifying a difference in them. I also found that the topic of how subjects of diversity truly affects children's lives, through social, family, or school experiences. The US school system still seems to be based around the idea of the family model from the 60s, the father works, mother stay home and cooks, and someone is always around to provide homework assistance. Many times this is not the case, leaving people to struggle who do not fit the typical "norm".

2) This was a great course to be able to learn how different parts of person that in most cases can not be changed, influence individuals lives. Things for example of race, class, and gender, a person is born into with no choice. At the same time society may have associated people in different categories than they personally identify as. In the courses we were able to discuss different experiences we had growing up through the subjects of race, class, and gender. Being in certain categories a person was in different parts of systems of privilege. The class showed me that there is some things I will not have to experience in system of privilege because I am white, compared to other races. As well being female there is certain I will experience (career struggles or safety precautions) that a man generally will not. In many ways the class made me challenge my own thoughts, or the way in which the United States is governed or visualized. Recently people in the media have mentioned talk of racism being gone in our country; I have come to realize it is a huge part of the US history, which today may never be eliminated or will take change continually from many generations.

3) The class was another remind to never judge a book by its cover; everyone has their own struggles which may not be seen or experienced by others. I learned how to feel more comfortable talking about hard situations (not usually discussed in everyday lives, things that are known but not talked about) dealing mostly with race and class. Many times the volunteer work I do involves people that are the underprivileged, or thought of as underclassmen. Being able to at least understand where they are coming could a be advantage for my communication with the people I help. I have already seen out in public how judgmental people can towards another person without even knowing them, I determined not to do the same through my knowledge from this course.

LEAD and CEL Event Credit Form

Workshop Information

Your Name: Haley Anderson
Name of Workshop: Etiquette Dinner
Workshop Date & Time: 11-12-15, 6pm - 8pm

When completed Email this form to csluwt@uw.edu

Intentional Development Questions (IDQ's): *For leaders "I don't know" (idk) thoughts must be replaced with intentional development questions (idq's) if we are to develop!*

(1) Reserving judgment, please summarize the event/discussion/workshop you attended (a paragraph or so):

The Etiquette dinner was an event where people went to mingle with others and learn appropriate table manners for business functions. We learned common courtesies.

(2) How does/can this topic relate to your own leadership development? Consider: skills, behavior, values, and your perspectives.

Events such as these help develop interpersonal relationships and communications with others. It gave me basic skills to interact with others on a more business level. Making me feel more comfortable in these situations can grow myself confidence, allowing me to focus on more important aspects of the meeting.

(3) Consider your response to the last question. How can you gain more insight and support from your LEAD mentor at your next meeting? What questions will you ask to draw out their wisdom?

I can ask what his personal experiences with these situations and how people act around common courtesies. What is the first thing he notices about a person when meets them. What is his personal thoughts about introductions.

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LEAD and CEL Event Credit Form

Workshop Information

Your Name: Haley Anderson

Name of Workshop: Personal Statements

Workshop Date & Time: Feb. 9th 2016, 6-7 pm

When completed Email this form to csluwt@uw.edu

Intentional Development Questions (IDQ's): *For leaders "I don't know" (idk) thoughts must be replaced with intentional development questions (idq's) if we are to develop!*

(1) Reserving judgment, please summarize the event/discussion/workshop you attended (a paragraph or so):

This event was put on by Cindy Schaarschmidt to help define what a personal statement is and what it involves. She gave us tips on how to find topics on what to write about.

(2) How does/can this topic relate to your own leadership development? Consider: skills, behavior, values, and your perspectives.

In the future when I have to write a personal statement or for the current scholarships I am working on, this is a great tool to use. This class and information maybe able to give a head in front of other students. The class has helped me grow as a writer in a different form of talking about myself.

(3) Consider your response to the last question. How can you gain more insight and support from your LEAD mentor at your next meeting? What questions will you ask to draw out their wisdom?

What kind of stories has Paul used for his own experiences? Does he have any good methods for pulling different stories from his past to use for writing? How do I make connections from my stories to writing a statement of purpose?

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LEAD and CEL Event Credit Form

Workshop Information

Your Name: Haley Anderson

Name of Workshop: Finding Purpose and Inspiring Others

Workshop Date & Time: 11-13-15, 12:30pm-1:30pm

When completed Email this form to csluwt@uw.edu

Intentional Development Questions (IDQ's): *For leaders "I don't know" (idk) thoughts must be replaced with intentional development questions (idq's) if we are to develop!*

(1) Reserving judgment, please summarize the event/discussion/workshop you attended (a paragraph or so):

The event was about discussing our own personal mission and statement, by the leadership of Brian owner of Anthem coffee. We were guided to figure out what our passion is and how will we inspire.

(2) How does/can this topic relate to your own leadership development? Consider: skills, behavior, values, and your perspectives.

This has a lot to with volunteering for me and finding which organization would work best with what I want and can provide. This drives me to come up with my own mission to help accomplish my goals. What is it I can do that would make me feel most alive.

(3) Consider your response to the last question. How can you gain more insight and support from your LEAD mentor at your next meeting? What questions will you ask to draw out their wisdom?

What is his best advice for figuring my own mission? Discuss what is most important to me through different aspects of my life and how to connect them. I want to talk about how my passions can drive other parts of my life and encourage myself.

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LEAD and CEL Event Credit Form

Workshop Information

Your Name: Haley Anderson

Name of Workshop: UWT Corporate Community Circle Breakfast

Workshop Date & Time: Jan. 28 2016 7:30am - 9:00am

When completed Email this form to csluwt@uw.edu

Intentional Development Questions (IDQ's): For leaders "I don't know" (idk) thoughts must be replaced with intentional development questions (idq's) if we are to develop!

(1) Reserving judgment, please summarize the event/discussion/workshop you attended (a paragraph or so):

The event was put on to celebrate Tacoma Community Sponsors helping UWT. This was an opportunity to do some networking with individuals in the business field. At each table was a selected group of people, different businesses and organizations, along with a student.

(2) How does/can this topic relate to your own leadership development? Consider: skills, behavior, values, and your perspectives.

This event was good practice for personal networking, "selling myself", finding my strengths and weaknesses of communication, and a way to talk about my programs to gain their interest. This is great way for me to put myself out there and force myself into different situations of talking with unfamiliar people.

(3) Consider your response to the last question. How can you gain more insight and support from your LEAD mentor at your next meeting? What questions will you ask to draw out their wisdom?

ASK Paul what is the best advantage I get from social networking events similar to this one. What stands out to him when he meets people at events? I struggle breaking the ice with a group of people, what is an appropriate way to do so?

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LEAD and CEL Event Credit Form

Workshop Information

Your Name: Haley Anderson
Name of Workshop: Cat Calling
Workshop Date & Time: May 5th 2010

When completed Email this form to csluwt@uw.edu

Intentional Development Questions (IDQ's): *For leaders "I don't know" (idk) thoughts must be replaced with intentional development questions (idq's) if we are to develop!*

(1) Reserving judgment, please summarize the event/discussion/workshop you attended (a paragraph or so):

This event was about cat calling with some psychological perspective about the subject. The presenter opened up the stage to questions, comments, and stories.

(2) How does/can this topic relate to your own leadership development? Consider: skills, behavior, values, and your perspectives.

This can help me develop as person when forming new relationships. It was a good reminder of how to treat people or to be aware of your actions. It also made me consider my actions with the opposite gender.

(3) Consider your response to the last question. How can you gain more insight and support from your LEAD mentor at your next meeting? What questions will you ask to draw out their wisdom?

I will ask if he has had any personal experiences with any form of cat calling. I will ask about his perspective for any similar situations.

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LEAD and CEL Event Credit Form

Workshop Information

Your Name: Haley Anderson
Name of Workshop: Leadership Endorsement Info session 3101
Workshop Date & Time: 10/19/15 1:15 - 3:10pm

When completed Email this form to csluwt@uw.edu

Intentional Development Questions (IDQ's): *For leaders "I don't know" (idk) thoughts must be replaced with intentional development questions (idq's) if we are to develop!*

(1) Reserving judgment, please summarize the event/discussion/workshop you attended (a paragraph or so):

This was a general introduction into the program, along with a leadership course. We learned about what leadership meant to each individual. For myself leadership is done by everyone for positive change. It is done best with reflection and when it pushes you beyond yourself.

(2) How does/can this topic relate to your own leadership development? Consider: skills, behavior, values, and your perspectives.

This relates to me because in the way people take leadership. I handle things more behind the scenes, but not afraid to step up to the plate. For American society (myself included) tend to think individualistically and puts what's best for ourselves first. It also reminds to always encourage others to do things differently, there is not one right way to do things.

(3) Consider your response to the last question. How can you gain more insight and support from your LEAD mentor at your next meeting? What questions will you ask to draw out their wisdom?

I can gain more knowledge by asking about his perspective on leadership & what it means to him. I will ask what are important aspects in different parts of the world. Discussing my previous experiences, I can find ways to improve or change my outlook.

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LEAD and CEL Event Credit Form

Workshop Information

Your Name: Hailey Anderson
Name of Workshop: Global Honors Colloquium
Workshop Date & Time: 5/12-13/16

When completed Email this form to csluwt@uw.edu

Intentional Development Questions (IDQ's): *For leaders "I don't know" (idk) thoughts must be replaced with intentional development questions (idq's) if we are to develop!*

(1) Reserving judgment, please summarize the event/discussion/workshop you attended (a paragraph or so):

The Colloquium was for the upper cohort of
Global Honors to present their capstone project.
I helped set up, lunch service, and
clean up afterwards.

(2) How does/can this topic relate to your own leadership development? Consider: skills, behavior, values, and your perspectives.

This relates to my own development
because it set the standard for me next
year when I will present. This event
gave me the opportunity to introduce
myself to others and meet other
members of the program.

(3) Consider your response to the last question. How can you gain more insight and support from your LEAD mentor at your next meeting? What questions will you ask to draw out their wisdom?

I can discuss with him what we
thought people did well and what
some could improve upon. As well as
ask for advice for next year.

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